

February in Review

Thank you to everyone for supporting Engedi Life skills.

February was a fulfilling month; our first Friday night event Valentine's Day dance which was a success and hope to do another one soon.

Monday Cooking group made Chicken Rissoles, Shepherds Pie, Chicken Enchiladas and Oven Baked Sausages. Learning basic cutting skills, prep work involved with a recipe and money handling. With many successful outcomes.

Tuesday Social Group have been swimming, to the Movies (Wonka Movie), participated in Craft at Bunnings with a BBQ afterwards and played games at Life Skills with Lunch at Northern Beaches bowls club.

Wednesday Aqua Aerobics with Barb has been fun with the ladies learning to listen to instructions while enjoying stress free exercise and creating great outcomes.

Thursday A Billy Tea has been getting busy. We have introduced a Loyalty Card, when you buy 9 Drinks you receive a Coffee and Cake worth \$5. Our clients have been learning great skills with use of iPad and Square (Eftpos) including the use of their communication devices to take customers' orders and payments.

Music Therapy / Thai Chi with Rob has been fun, the group has been growing with participants learning about rhythm, note sounds and Thai Chi moves in between.

Thank you again to all clients, staff, and customers for your support.

Looking forward to some more exciting events happening at Life Skills.





Upcoming Events

Easter Raffle tickets available from 3rd March and Drawn 28th March Life Skills

Mother's Day Raffle tickets available from 4th April Drawn 12th May Life Skills

Mother's Day High Tea Sunday 12th May Tickets on Sale 4th April Limited tickets available so get in early.

New Program

Exercise Club (Health and Wellbeing) – Aqua Exercises Wed 21st Feb 4-week blocks

Expression of interest - Aqua Aerobics on Fridays 10.30am

Contact Leysa Life Skills for details. Cost \$15pp





Fundraising

Donations for our Easter and Mother's Day Raffle are being accepted. Please deliver to Life Skills

Expressions of interest Prize Bingo on a Sunday at Life Skills - email Lifeskills@engedi.org.au for details

Expressions of interest Cadbury Chocolate and Krispy Kreme Fundraiser – email Lifeskills@engedi.org.au if interested.

Tickets available 4th April for Mother's Day High Tea Limited tickets available.

Life Skills Wish List

Outdoor Area for Garden Club and Eating area for Social Interaction. Concrete /Paving, Greenhouse, Outdoor table and chairs and Garden beds etc.

Nintendo Switch for Physical and Social skills.

Looking for Sponsorship and Donations.

Thank You again to everyone for your support.

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